

CACFP INFANT MEAL PREFERENCES

All children enrolled at Little Stars are eligible for meals through the U.S. Department of Agriculture (USDA) Child and Adult Care food Program (CACFP). To meet CACFP requirements, Little Stars provides formula and other required infant foods (iron fortified infant cereal, grains, fruits, vegetables and meat/meat alternates) to enrolled Infants.

You may choose to bring your own iron fortified infant formula, provide expressed breast milk, or breast feed onsite. The center will introduce semi-solid foods to your infant according to the decisions made by you and your infants doctor. When your Infant is developmentally ready to consume solid foods, and you choose to supply expressed breast milk or a creditable infant formula or breast feed onsite, the center will provide all other required meal/snack components. Alternatively, you may choose to provide a solid food component when your infant is "developmentally" ready to consume solid foods. In this situation the center will supply all the other required meal/snack components, including the iron-fortified formula. If your child requires a low-iron infant formula or other Food and Drug Administration (FDA) exempt formula, you will need to submit a Special Diet Statement (Form LS-208).

Child/Parent Information

<i>Child Last Name:</i>	<i>Child First Name:</i>	<i>Child Date of Birth (mm/dd/yyyy):</i>
<i>Parent/Guardian Last Name:</i>	<i>Parent/Guardian First Name:</i>	

Iron-Fortified Infant Formula Selection (Choose one)

Product:	Parent's Choice infant formula with iron-based powder (Manufactured by PMB Nutritionals, Distributed by Walmart)
<input type="checkbox"/>	Parents Choice Advantage (Infant formula with Iron-based powder. Complete nutrition for baby's first year)
<input type="checkbox"/>	Parents Choice Gentle (Infant formula with Iron-based powder. For Fussiness, Gas & Crying)
<input type="checkbox"/>	Parents Choice Sensitivity (Infant formula with Iron-based powder. Complete Nutrition for sensitive tummies)
<input type="checkbox"/>	Parents Choice Tender (Infant formula with Iron-based powder. Easy-to-digest proteins)

Parent Feeding Specifications (Check all that apply)

<input type="checkbox"/>	I want the center to supply formula for my infant.
<input type="checkbox"/>	I will provide the following formula for my infant:
<input type="checkbox"/>	I will provide breast milk for my infant.
<input type="checkbox"/>	I will breast feed my infant at the center, when able.

Parent Solid Food Specifications (Check one)

<input type="checkbox"/>	I want the center to supply solid food for my infant when he/she is developmentally ready.
<input type="checkbox"/>	When my child is developmentally ready I will provide one (1) food component, if I am not supplying breast milk or infant formula.

Authorized Signature

<i>Parent/Guardian Signature:</i>	<i>Date (mm/dd/yyyy)</i>
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CACFP INFANT MEAL PREFERENCES

(Continued)

CACFP INFANT MEAL PATTERNS

FOOD COMPONENTS AND FOOD ITEMS	BIRTH THROUGH 5 MONTHS	BIRTH THROUGH 5 MONTHS
Breakfast, Lunch, and Supper	<ul style="list-style-type: none"> 4-6 fluid ounces breast milk¹ or formula² 	<ul style="list-style-type: none"> 6-8 fluid ounces breast milk¹ or formula² And <ul style="list-style-type: none"> 0-4 tablespoons infant cereal^{2,3}, meat, fish, poultry, whole egg, cook dry beans, of cooked dry peas; or 0-2 ounces of cheese; or 0-4 ounces (volume) of cottage cheese; or 0-4 ounces or ½ cup of yogurt⁴, or a combination of the above⁵ And <ul style="list-style-type: none"> 0-2 tablespoons vegetable or fruit³ or a combination of both^{5,6}
Snack	<ul style="list-style-type: none"> 4-6 fluid ounces breast milk¹ or formula² 	<ul style="list-style-type: none"> 2-4 fluid ounces breast milk¹ or formula² And <ul style="list-style-type: none"> 0-1/2 slice of bread^{3,7}; or 0-2 crackers^{3,7}; or 0-4 tablespoons infant cereal^{2,3,7}, or ready-to-eat breakfast cereal^{3,5,7,8} And <ul style="list-style-type: none"> 0-2 tablespoons vegetable or fruit or a combination of both^{5,6}

¹ Breast milk or formula, or portions of both, may be served. However, it is recommended that breast milk be served in place of formula from birth through 11 months. For some breastfed infants who regularly consume less than the minimum amount of breast milk per feeding, a service of less than the minimum amount of breast milk may be offered, with additional breast milk offered at a later time if the infant will consume more.

² Infant formula and dry infant cereal must be iron-fortified.

³ Beginning October 2019, ounce equivalents are used to determine the quantity of creditable grains.

⁴ Yogurt must contain no more than two grams of total sugars per six ounces.

⁵ A service of this component is required when the infant is developmentally ready to accept it.

⁶ Fruit and vegetable juice must not be served.

⁷ A service of grains must be whole grain-rich, enriched-meal, or enriched flour.

⁸ Breakfast cereals must contain no more than six grams of sugar per dry ounce (no more than 21.2 grams sucrose and other sugars per 200 grams of dry cereal).

CACFP INFANT MEAL PATTERNS

Definition of Infant: Any child less than 12 months of age.

Definition of Iron-fortified Infant Formula: The Food and Drug Administration (FDA) defines Iron-fortified infant formula as a product "which contains one milligram or more of Iron in a quantity of product that supplies 100 kilocalories when prepared in accordance with labeled directions for infant consumption • A medical statement is required in order for a center to serve/claim an infant formula that does not meet this definition.

Definition of an FDA exempt Infant Formula: An exempt infant formula is an infant formula labeled for use by infants who have inborn errors of metabolism or low birth weight, or who otherwise have unusual medical or dietary problems as defined on 21 CFR 107.3. The FDA website has a list of Exempt Infant Formulas.

Definition of Enrolled Child: A child whose parent or guardian has submitted to a center a signed document that indicates that the child is enrolled for childcare. All Infants and children who are considered enrolled in a childcare center must be included on the total number of enrolled children; whether or not their meals are being claimed for reimbursement.

Obligation to Provide Infant Meals: All centers participating in the CACFP, and licensed to care for infants, must supply the majority of infant foods required by the Infant Meal Pattern; including at least one iron-fortified infant formula that meets the definition of infant formula. Centers are strongly encouraged to select an infant formula that satisfies the needs of one or more of the infants in their care.

Breastfed Infants: Infant meals or snacks with human breast milk (expressed or by the mother breastfeeding onsite), are reimbursable in the CACFP. The American Academy of Pediatrics recommends an optimal storage time of no more than 72 hours for refrigerated expressed breast milk. Bottles of expressed breast milk must be stored in a refrigerator kept at 39 degrees Fahrenheit.

Parent Providing Infant Formula/Breast milk: The decision regarding which Infant formula to feed an Infant is one for the infant's doctor and parents/guardian to make together. Therefore, parents or guardians may elect to decline the center's infant formula and supply their own formula or breast milk or breastfeed onsite.

Parent Decline form-Infant Meal Notification Letter: Centers must inform parents that an iron-fortified infant formula, including the specific name of the formula, iron-fortified infant cereal, and other semi-solid foods listed under the CACFP Infant Meal Pattern are provided by their sponsorship. Parents/Guardians who choose to provide their own formula, breast milk, and/or other foods must complete the infant Meal Notification letter. This documentation must be kept on file.

Parent Provided Food: Parents or guardians may choose to provide one of the meal components in the infant meal pattern, as long as this is in compliance with local health codes. When an infant is developmentally ready to consume solid foods, and the parent or guardian chooses to supply expressed breast milk or a creditable infant formula or breastfeed on site, the center must provide all the other required meal/snack components for the meal to be reimbursable. Alternatively, a parent or guardian may choose to provide a solid food component when the infant is developmentally ready to consume solid foods. In this situation, the center must supply all the other required meal/snack components; including iron-fortified infant formula.